

Blueberry, Granola, and Yogurt Parfait

- 2 cups fresh Illinois blueberries
- 2 cups of your favorite granola
- 2 cups of your favorite vanilla yogurt
- 4 tablespoons Illinois honey



- Line up 4 parfait, white wine, or other tall glasses.
- Spoon 2 tablespoons of yogurt into each glass and smooth surface.
- Spoon 2 tablespoons of granola ovetop and smooth surface.
- Spoon 2 tablespoons of fruit ovetop and smooth surface.
- Repeat the process, adding honey, to taste.